

भारत के विभिन्न मौसम संबंधी उप-मंडलों में 08 जुलाई 2026 तक वर्षा की प्रगति (सामान्य से % में विचलन) Progress of rainfall as on 08 July 2026 in different meteorological sub-divisions of India (Departure from normal in %)											01 June - 08 July 2026 (mm)		
Sl No	Region	Sub Division	1-Jun-26	3-Jun-26	11-Jun-26	20-Jun-26	28-Jun-26	6-Jul-26	7-Jul-26	8-Jul-26	ACT	NOR	Def/ Surp
1	East & Northeast India	Arunachal Pradesh	-93	-63	-35	-49	-46	-52	-51	-50	297	595	-298
2		Assam & Meghalaya	-89	-71	-49	-55	-51	-45	-45	-45	354	640	-286
3		Nag-Man-Miz-Tri	-11	-40	-55	-46	-48	-46	-45	-40	265	440	-176
4		Sub Him WB & Sikkim	-98	-81	-1	-6	20	2	2	2	632	618	14
5		Gangetic West Bengal	-100	-96	1	-6	-22	-10	-10	-11	298	335	-37
6		Jharkhand	-95	-87	-69	-68	-67	-47	-38	-40	158	265	-107
7		Bihar	-89	-78	-15	-41	-51	-56	-54	-53	119	252	-133
8	Northwest India	East Uttar Pradesh	-16	14	-27	-48	-62	-54	-52	-51	84	169	-86
9		West Uttar Pradesh	19	34	-34	-10	-44	-28	-31	-19	104	128	-24
10		Uttarakhand	23	-11	-23	-36	-50	-21	-24	-22	211	271	-60
11		Haryana-Chd- Delhi	-78	-77	-25	9	-22	-26	-27	-17	71	85	-14
12		Punjab	-99	-22	-59	-24	-39	-24	-26	-29	62	87	-25
13		Himachal Pradesh	146	23	-41	-10	-33	-10	-12	-11	136	153	-16
14		Jammu & Kashmir	-99	-43	-45	-11	-16	-1	-3	-4	106	110	-4
15	Central India	West Rajasthan	-86	119	47	32	4	-13	-4	7	62	59	4
16		East Rajasthan	-19	213	136	66	8	6	9	16	136	117	19
17		Odisha	-71	-46	-42	-44	-52	22	20	17	334	286	48
18		West Madhya Pradesh	31	248	15	-30	-11	19	21	30	236	181	55
19		East Madhya Pradesh	95	39	-59	-64	-66	-23	-12	-10	207	230	-24
20		Gujarat Region	-98	163	-49	-55	-70	-25	-12	5	224	213	11
21		Saurashtra & Kutch	-100	-15	-81	-91	-92	-28	-17	-18	114	139	-25
22	South Peninsula	Konkan & Goa	-99	-85	-62	-85	-61	8	17	22	1191	977	214
23		Madhya Maharashtra	-87	-61	-65	-82	-64	-11	7	22	261	214	47
24		Marathwada	-79	-28	-34	-69	-47	-29	-29	-28	126	176	-49
25		Vidarbha	-25	-13	-70	-79	-51	-15	-17	-19	199	246	-47
26		Chhattisgarh	-5	-31	-44	-64	-67	-14	-10	-13	239	274	-34
27		A & N Island	-69	80	130	61	40	49	44	41	723	512	211
28		South Peninsula	Coastal Andhra Pradesh	43	-34	-1	-10	-15	-9	-13	-15	125	147
29	Telangana		-66	-64	-37	-42	-34	-9	-11	-14	155	179	-24
30	Rayalaseema		65	2	-10	23	11	-5	-9	-11	80	90	-10
31	Tamil Nadu & Puduchery		39	-25	-43	-26	-34	29	25	23	79	65	15
32	Coastal Karnataka		-78	-30	-11	-51	-47	-27	-25	-23	880	1140	-260
33	Karnataka (N Interior)		-72	0	53	-12	-25	-11	-7	-6	123	130	-8
34	Karnataka (S Interior)		12	16	-22	-38	-47	-30	-24	-17	164	196	-33
35	Kerala		-44	-25	22	-24	-35	-28	-28	-28	594	820	-227
36	Lakshadweep		72	26	63	-1	-10	-6	-9	-11	368	413	-45

LEGEND

■	Large Excess [+60% above]
■	Excess [+20% to +59%]
■	Normal [+19% to -19]
■	Deficient [-20% to -59%]
■	Large Deficient [-60% to -99%]
■	No Rain [-100%]

- During the last one week, the rainfall status of the country as a whole has improved from 'Deficient' (-38%) to 'Normal' (-15%)
- Out of 36 meteorological subdivisions of the country, the rainfall status is Exces, Normal, and Deficient in 05, 20 and 11 subdivisions, respectively.

देश के चार सजातीय क्षेत्रों में 01-जून-2026 से संचयी वर्षा का प्रतिशत प्रस्थान | Percentage departure of cumulative rainfall since 01-June-2026 over four homogeneous regions of the country

East & North East India	-39%	Central India	4%	Country as whole	-15%
North West India	-15%	South Peninsula	-14%		

Prepared by AICRP on Agrometeorology (AICRPAM), ICAR-CRIDA

(Based on the data sourced from IMD website)

01 जून - 08 जुलाई 2026 के दौरान भारत के विभिन्न राज्यों में संचयी वर्षा की विभिन्न श्रेणियों वाले जिलों की संख्या और प्रतिशत क्षेत्र | Number of districts and percent area with different categories of cumulative rainfall in different states of India during 01 June - 08 July 2026

State/UT	LE	E	N	D	LD
ANDAMAN & NICOBAR ISLANDS	1	0	1	1	0
ANDHRA PRADESH	0	1	14	11	0
ARUNACHAL PRADESH	0	1	2	8	4
ASSAM	0	1	10	12	10
BIHAR	0	0	2	19	17
CHANDIGARH	0	0	0	1	0
CHHATTISGARH	1	7	14	11	0
DADRA & NAGAR HAVELI	2	1	0	0	0
DAMAN & DIU	2	1	0	0	0
DELHI	0	0	3	6	0
GOA	0	0	1	1	0
GUJARAT	3	8	5	15	2
HARYANA	1	2	10	6	3
HIMACHAL PRADESH	0	2	5	5	0
JAMMU & KASHMIR	2	4	5	8	1
JHARKHAND	0	0	1	16	7
KARNATAKA	0	3	9	18	1
KERALA	0	0	4	10	0
LADAKH	0	1	1	0	0
LAKSHADWEEP	0	0	1	0	0
MADHYA PRADESH	7	15	24	8	1
MAHARASHTRA	4	5	12	14	1
MANIPUR	0	0	0	2	7
MEGHALAYA	1	0	0	4	6
MIZORAM	0	0	3	5	0
NAGALAND	0	0	1	7	3
ORISSA	6	8	13	3	0
PONDICHERRY	0	1	1	1	1
PUNJAB	1	4	4	8	5
RAJASTHAN	5	7	16	5	0
SIKKIM	0	4	2	0	0
TAMIL NADU	7	11	10	9	1
TELANGANA	0	3	15	15	0
TRIPURA	0	0	5	3	0
UTTAR PRADESH	1	4	13	31	26
UTTARAKHAND	1	0	4	7	1
WEST BENGAL	0	2	11	10	0
Grand Total	43 (6%)	95 (13%)	222 (30%)	280 (37%)	97 (13%)

* value indicates number of districts

* value in bracket indicates the percent districts

LE	Large Excess	: +60% and above
E	Excess	: +20% to +59%
N	Normal	: +19% to -19%
D	Deficient	: -20% to -59%
LD	Large Deficient	: -60% to -99%
NR	No Rain	: -100%

Progress of SW Monsoon

